

Summer of Joy

A BIBLE STUDY

Finding God's Goodness in Every Season



How to Use This Study

Welcome to Summer of Joy!

This study is designed to be simple, soul-refreshing, and joy-filled — perfect for the beautiful, busy days of summer. ☀️

Each week, you will find:

- A short devotional thought to anchor your heart.
- A Scripture focus to reflect on.
- A few simple journal or discussion questions.
- A prayer to lift up your week.

🌿 Go at your own pace.

If you miss a day, don't worry — just pick up right where you are.

🌿 Use the Summer Joy Tracker!

Write down one "joy moment" every day — big or small — and watch your gratitude grow!

🌿 Stay connected.

Share what you're learning, feeling, or praying through inside our Sisterhood Circle if you want — we grow stronger together!

This summer, may your heart be refreshed, your soul be strengthened, and your life overflow with the JOY of Christ. 🕊️⭐

Week 1 Joy in the Ordinary

Scripture Focus: Psalm 16:11

God doesn't just meet us in the mountain moments — the big victories, the answered prayers, the miracles.

He is just as present in the quiet, everyday rhythms of life: in the kitchen while you stir soup, in the garden as you pull weeds, in the carpool lane waiting for the kids, and in the early morning stillness when you sip your coffee.

Psalm 16:11 reminds us:

"You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand." (NIV)

Joy isn't something we have to chase. It's something we find when we notice God's presence in the ordinary places.

When we open our hearts to Him throughout our everyday lives, He fills even the smallest, unnoticed spaces with extraordinary joy.

This week, let's practice pausing, noticing, and praising Him for the simple blessings He pours out daily.

In the ordinary, we meet the extraordinary.

Week 1 Joy in the Ordinary

Key Truth:

God's joy is not reserved for mountaintop moments — it's woven into our everyday lives.



Memory Verse:

"You make known to me the path of life;
you will fill me with joy in your presence,
with eternal pleasures at your right
hand." — Psalm 16:11 (NIV)

Week 1 Joy in the Ordinary



Reflection & Prayer Page

Reflection Questions:

- Where have you noticed God's presence in your everyday routines this week?
- How can you create small pauses in your day to recognize and celebrate God's nearness?
- What simple blessings bring you joy when you stop and pay attention?
- List three "ordinary" moments that made you smile recently.
- How does practicing gratitude in ordinary moments draw you closer to God?



Prayer Starter:

Father, thank You for meeting me in my ordinary, everyday life.

Open my eyes to see Your goodness and Your joy all around me — in every small moment.

Help me to slow down, to notice, and to celebrate the simple blessings You pour out each day.

Fill me with Your presence and Your joy, even when life feels routine.

In Jesus' name, Amen.

Joy Tracker



Take a moment each day to reflect on how you've experienced joy.

Date	Reflections on Joy

When did you feel closest to God or sense His presence filling you with joy?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Week 2 Joy in the Surrender

Scripture Focus: Romans 15:13

We often think of surrender as giving up or losing — but in God's Kingdom, surrender is the gateway to true freedom and lasting joy.

When we lay down our striving and trust that God is holding all things together, our hearts find rest.

Romans 15:13 says:

"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit." (NIV)

Surrender isn't about weakness; it's about faith.

It's about saying, "God, I trust You more than I trust myself."

It's believing that He sees the whole picture and that His plans are always for our good.

This week, let's loosen our grip on the things we've been clinging to.

Let's invite God to fill those open hands with His perfect joy and peace.

Week 2 Joy in the Surrender

Key Truth:

Surrendering to God leads to deeper joy and greater peace.



Memory Verse:

"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit." — Romans 15:13 (NIV)

Week 2 Joy in the Surrender

Reflection & Prayer Page

Reflection Questions:

- What areas of my life am I struggling to surrender to God?
- How does holding on too tightly rob me of joy and peace?
- Where can I invite God's presence into my surrender this week?
- What promises from Scripture can encourage me as I trust Him more?
- What would it look like for me to walk through this week with open hands and an open heart?



Prayer:

Father, I lay down my fears, my plans, and my worries before You.

I choose to trust Your heart, even when I don't understand Your ways.

Fill me with Your joy and Your peace as I surrender more fully to You.

Let my life overflow with hope by the power of Your Holy Spirit.

In Jesus' name, Amen.

Joy Tracker



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Week 3 Joy in the Waiting

Scripture Focus: Isaiah 40:31

Waiting is one of the hardest things we do. Whether you're waiting on healing, an answer to prayer, direction, or a breakthrough — it can feel like a silent, still season where joy is hard to find.

But God isn't absent in the waiting. He's working in it.

Isaiah 40:31 says:

*"But those who hope in the Lord will renew their strength.
They will soar on wings like eagles;
they will run and not grow weary,
they will walk and not be faint." (NIV)*

Waiting isn't wasted when we place our hope in Him. God uses it to stretch our faith, to teach us to lean on Him, and to prepare us for what's ahead.

When we trust Him in the waiting, He fills us with strength — and yes, even joy.

This week, take time to rest in the truth that God is never late. His timing is perfect, and His promises are sure.

Week 3 Joy in the Waiting

Key Truth:

Joy comes not from having all the answers — but from trusting the One who does.



Memory Verse:

"But those who hope in the Lord will renew their strength." — Isaiah 40:31a (NIV)

Week 3 Joy in the Waiting

Reflection & Prayer Page

Reflection Questions:

- What am I waiting on God for in this season?
- How can I shift my focus from what I'm waiting for to who I'm waiting with?
- Where have I seen God's faithfulness in past waiting seasons?
- What are some ways I can stay encouraged while I wait?
- How can I encourage someone else who's waiting too?



Prayer:

Lord, thank You for never wasting my waiting.

Even when I don't see it, I trust that You are working.

Fill me with peace, patience, and joy as I hope in You.

Teach me to rest in Your perfect timing and to believe that You're always preparing something good.

In Jesus' name, Amen.

Joy Tracker



Take a moment each day to reflect on how you've experienced joy.

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Week 4 Joy in Trusting God's Timing

Scripture Focus: Ecclesiastes 3:11

There's something deeply freeing about letting go of our need to hurry God along.

We plan, push, and plead for things to happen on our timeline — but God's timing is not just better... it's perfect.

Ecclesiastes 3:11 reminds us:

"He has made everything beautiful in its time. He has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end." (NIV)

Even when we can't see it, God is weaving beauty into every season.

He's not late. He's not withholding. He's preparing — shaping both the blessing and your heart to receive it. This week, practice releasing the pressure to figure everything out.

Instead, lean into the joy of trusting that the One who holds time also holds you.

Week 4 Joy in Trusting God's Timing

Key Truth:

God's timing is never rushed — and never wrong.



Memory Verse:

"He has made everything beautiful in its time." — Ecclesiastes 3:11 (NIV)

Week 4 Joy in Trusting God's Timing

Reflection & Prayer Page

Reflection Questions:

- Where am I struggling to trust God's timing right now?
- How has God shown up in "perfect timing" in the past?
- What would it look like to rest instead of rush?
- How does trusting His timing bring me peace and joy?
- What's one area I can surrender to His timing this week?



Prayer:

Father, help me to trust You more deeply — not just with the outcome, but with the timing.

I know Your plans are good, even when I can't see the full picture.

Give me joy and peace in the waiting.

Teach me to rest in Your promises and to believe that You are making everything beautiful in its time.

In Jesus' name, Amen.

Joy Tracker



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Week 4 Joy in Trusting God's Timing

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Week 5 Joy that Overflows

Scripture Focus: John 15:11

Joy isn't just something we keep — it's something we share. Jesus didn't come so we could have a little joy; He came so we could have a joy that overflows.

In John 15:11, Jesus says:

"I have told you this so that my joy may be in you and that your joy may be complete." (NIV)

Joy isn't a personality trait or a mood — it's a gift from Jesus Himself.

And when we stay close to Him, His joy fills us so fully that it spills over into every conversation, every decision, every relationship.

The world doesn't need more perfect people — it needs more joyful ones.

People who radiate the hope, peace, and kindness of Jesus.

When you walk closely with Him, joy becomes your fragrance — the lasting evidence that He lives in you.

This week, ask God to fill your cup so full of His joy that it overflows into the lives of everyone around you.

Week 5 Joy that Overflows

Key Truth:

Real joy doesn't stop with us — it flows through us.



Memory Verse:

"I have told you this so that my joy may be in you and that your joy may be complete." — John 15:11 (NIV)

Week 5 Joy that Overflows

Reflection & Prayer Page

Reflection Questions:

- Where have I seen joy overflow in my life recently?
- Who around me needs the joy of Jesus this week?
- What keeps me from sharing my joy with others?
- How can I intentionally spread joy through my words, attitude, or service?
- What does it look like to live as someone whose joy is “complete”?



Prayer:

Jesus, thank You for giving me a joy that runs deeper than circumstances.

Fill my heart until it overflows with Your love and light.

Let my life reflect Your goodness — not just for my sake, but for everyone I meet.

May my words be gentle, my heart be generous, and my spirit be joyful.

In Your name I pray, Amen.

Joy Tracker



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A Personal Note from Me to You

Thank you – truly – for walking through Summer of Joy with me.

I'm not a theologian or a perfect person.

I'm just a sinner who's been rescued by Jesus, and I want everyone to know the joy of falling in love with Him.

Every page of this study was written with prayer and love – and my hope is that something in these words helped draw your heart closer to His.

Joy isn't always easy, but it's always available.

And Jesus is always enough.

So thank you.

Thank you for reading, reflecting, praying, and seeking Him alongside me.

Let's keep walking in joy together.

– Fly Girl 

“I can do all this through him who gives me strength.”

– Philippians 4:13 (NIV)