



# *Anchored in Hope*

## *Faith Journal Prompts*

Day	Prompt
July 1	Where in my life do I need a fresh anchor of hope?
July 2	How has God been my steady anchor in past seasons?
July 3	What promise of God brings me comfort today?
July 4	In what area am I trusting God to move?
July 5	What does hope mean to me personally?
July 6	Write a prayer for strength to keep trusting.
July 7	When have I seen God's faithfulness most clearly?
July 8	How do I react when I feel adrift — and how can I anchor better?
July 9	What verse anchors my heart when I feel afraid?
July 10	How has waiting strengthened my faith?
July 11	Where do I need to lay down worry and pick up hope?
July 12	How can I encourage someone else's hope this week?
July 13	What does "steadfast" mean to me right now?
July 14	A time God surprised me with His perfect timing.
July 15	Where am I being invited to trust deeper?
July 16	Write a prayer asking God to anchor your heart today.
July 17	Who has been a model of hope for me?
July 18	How do I see God's goodness even in hard seasons?
July 19	What song or verse reminds me to stay hopeful?
July 20	In what small ways has God shown His presence this month?
July 21	How can I hold onto peace when life feels uncertain?
July 22	Write a letter to God about what you're hoping for.
July 23	Reflect on a time you saw hope turn into reality.
July 24	How can I practice gratitude to stay anchored in joy?
July 25	What new hope is God stirring in my heart right now?
July 26	How has prayer changed my perspective recently?
July 27	In what areas is God inviting me to plant deeper roots?
July 28	How do I define "anchored faith" in my life?
July 29	Write a prayer for future hope and steady trust.
July 30	How has hope helped me walk through storms?
July 31	A reflection on how I grew in hope this month.