

## PEACH GREEN TEA

### Ingredients:

- 1 green tea bag (or 1 tsp loose green tea)
- 1/2 ripe peach, sliced (or 1/4 cup frozen peaches) •
- 1 tsp honey or agave (optional)
- 1 cup water
- Ice (if serving cold)



### Instructions:

1. Boil water and steep green tea for 3–5 minutes. Remove tea bag or strain leaves.
2. Add sliced peaches and let them steep for 2–3 more minutes.
3. Stir in honey or sweetener if desired.
4. Serve warm, or pour over ice for a refreshing cold tea.

### Devotional Thought:

Peach green tea refreshes body and soul — just like the joy and peace that come from trusting God. As you sip, breathe deeply and let this moment be filled with the gentle reminder that God is the source of true renewal. Let Romans 15:13 stir your hope: 'May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.'