

MINT LEMONADE

Ingredients:

- *Juice of 2 lemons*
- *1–2 tsp honey or agave syrup (to taste)*
- *5–6 fresh mint leaves*
- *1 cup cold water or sparkling water*
- *Ice cubes*



Instructions:

1. In a glass, muddle the mint leaves gently to release flavor.
2. Add lemon juice and honey; stir until sweetener is dissolved.
3. Pour in cold or sparkling water and stir well.
4. Add ice cubes and garnish with extra mint if desired. Enjoy chilled.

Devotional Thought:

A little sweet, a little tangy — mint lemonade mirrors the balance of surrender and sweetness in walking with God. Life doesn't always make sense, but trust creates clarity. Let this cool sip remind you to lean less on logic and more on the loving direction of your Heavenly Father. Let Proverbs 3:5–6 lead your heart: 'Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.'